

HAPPINESS CHARTER

At Cottesmore we want everyone to feel **HAPPY** and **SAFE**, but at times we can all feel **UNHAPPY** or **WORRIED** or think that we've been **TREATED UNFAIRLY**.

If that's how you feel - here's what to do.....

We should all have someone we feel we can talk to....

A Close Friend
A Monitor
A Teacher
Your Form Tutor
Nurse or a Matron
The School Counsellor
Your Set Leaders
Your Set Master
Mr or Mrs Rogerson
Your Parents
Anyone you trust

If you feel you can't talk to someone, why not leave a note in the **HAPPINESS BOX** outside the staff room?

Mr Revill opens it every day: he may share the information he reads with your **Form Tutor**.

The smarter way to a happier school

If all else fails, you can phone



This is a **FREEPHONE** number and someone will be there to listen to you and try to give you some advice.

NSPCC Helpline: 0808 800500

You can also call the Children's Commissioner on 08448009113 or email Info.request@childrenscommissioner.gov.uk
Ofsted on 03001231231

If you still need someone to talk to, you can phone your **INDEPENDENT PERSON**.

She is called **AMELIA CALVERT** and her phone number is:

07789 072244

or you can email her on:

ameliacalvert@hotmail.com

You do not need permission to phone her and she will always accept reverse charge calls from school.

REMEMBER:

Don't be afraid to speak out or ask for help.
Watch out for those around you and help them to be happy too.

